

<u>Racer #</u>	<u>First Name</u>	<u>Last Name</u>	<u>Category</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>	<u>Total</u>
58	Shelley	Walushka	F20-29	00:08:58	00:21:37	00:19:58	00:50:33
37	Kate	Machel	F20-29	00:08:26	00:24:29	00:19:08	00:52:03
61	Jacynthe	Simard	F20-29	00:10:27	00:27:17	00:21:38	00:59:22
64	Jen	Hopp	F20-29	00:10:58	00:26:51	00:22:02	00:59:51
46	Deanne	Miachika	F20-29	00:08:40	00:26:14	00:26:16	01:01:10
43	Rebecca	Cavanagh	F20-29	00:10:08	00:28:10	00:24:11	01:02:29
71	Denyse	Johnson	F20-29	00:15:18	00:25:51	00:22:06	01:03:15
87	Bethany	Saunders	F20-29	00:11:05	00:26:05	00:26:19	01:03:29
57	Megan	Isaac-Renton	F20-29	00:13:08	00:26:42	00:24:50	01:04:40
7	Cheryn	Wong	F20-29	00:10:55	00:29:43	00:24:24	01:05:02
13	Jennine	Stockall	F20-29	00:09:29	00:28:33	00:28:21	01:06:23
42	Morgan	Levy	F20-29	00:12:12	00:30:42	00:24:53	01:07:47
51	Christie	Mackinlay	F20-29	00:12:15	00:28:46	00:27:12	01:08:13
44	Ashley	Nivison	F20-29	00:11:43	00:27:52	00:29:33	01:09:08
2	Jaime	Sutton	F20-29	00:12:41	00:32:18	00:27:56	01:12:55
9	Jenna	Lee	F20-29	00:10:39	00:35:31	00:32:33	01:18:43
1	Heather Michelle	Nason	F20-29	00:15:58	00:32:25	00:31:08	01:19:31
39	Sandy	Skradski	F30-39	00:10:00	00:21:05	00:21:11	00:52:16
41	Jeanne	Wood	F30-39	00:12:19	00:23:16	00:21:10	00:56:45
28	Tasleem	Rajan	F30-39	00:10:28	00:25:01	00:23:18	00:58:47
67	Carrie	Brown	F30-39	00:12:29	00:25:25	00:21:08	00:59:02
35	Megan	Walsh	F30-39	00:11:52	00:25:53	00:24:25	01:02:10
8	Lilian	Yamasaki	F30-39	00:10:14	00:31:50	00:21:55	01:03:59
70	Lauren	Suttles	F30-39	00:08:30	00:30:28	00:27:29	01:06:27
10	Laura	Ting	F30-39	00:16:44	00:27:56	00:23:41	01:08:21
83	Marilyn	Chang	F30-39	00:11:38	00:30:30	00:26:16	01:08:24
68	Andrea	Wilkey	F30-39	00:13:02	00:31:40	00:25:40	01:10:22
78	Nicole	Lawson	F30-39	00:13:19	00:32:07	00:25:51	01:11:17
54	Nancy	Cochrane	F30-39	00:13:03	00:31:25	00:35:27	01:19:55
29	Sharon	Parry	F30-39	00:20:39	00:33:35	00:27:17	01:21:31
18	Allison	Blackler	F30-39	00:15:22	00:32:03	00:34:13	01:21:38

15	Kim	Leslie	F30-39	00:13:24	00:37:46	00:30:44	01:21:54
85	Janna	Werry	F40-49	00:09:55	00:23:38	00:21:44	00:55:17
79	Elisabeth	Finch	F40-49	00:13:10	00:23:49	00:22:00	00:58:59
75	Shelly-Lynne	Scott	F40-49	00:14:21	00:25:51	00:18:54	00:59:06
33	Patti	Pare	F40-49	00:13:32	00:24:08	00:22:14	00:59:54
16	Mona	Doney	F40-49	00:13:04	00:31:41	00:25:51	01:10:36
17	Susan	Barzo	F40-49	00:15:06	00:32:12	00:34:25	01:21:43
53	Donna	Clee	F50-59	00:12:17	00:26:11	00:26:31	01:04:59
52	Dianna	Waggoner	F60-69	00:12:42	00:26:53	00:30:07	01:09:42
76	Eleanor	Paugh	F60-69	00:20:20	00:32:12	00:29:07	01:21:39
82	Nikolas	Haave	M-20	00:11:11	00:25:52	00:18:53	00:55:56
49	Taylor	Young	M-20	00:09:02	00:28:13	00:23:54	01:01:09
26	Clement	Lim	M20-29	00:07:20	00:17:00	00:17:52	00:42:12
74	Chris	Lee	M20-29	00:11:10	00:19:40	00:17:10	00:48:00
86	Stefan	Wozniak	M20-29	00:14:06	00:23:34	00:21:36	00:59:16
14	Alexander	Ianchici	M20-29	00:14:21	00:24:13	00:24:11	01:02:45
47	Patrick	Cafferty	M30-39	00:09:40	00:18:45	00:17:09	00:45:34
81	Chad	Rickards	M30-39	00:08:55	00:21:53	00:20:33	00:51:21
32	Andrew	Rutgers	M30-39	00:09:15	00:21:58	00:20:43	00:51:56
73	Dan	Mayhew	M30-39	00:08:21	00:21:07	00:23:16	00:52:44
19	Jeremy	Plotkin	M30-39	00:10:18	00:24:07	00:18:52	00:53:17
21	Sean	Kistler	M30-39	00:12:09	00:21:01	00:21:46	00:54:56
20	Eliott	Wilkes	M30-39	00:10:16	00:24:04	00:21:48	00:56:08
59	Stacy	Halonon	M30-39	00:16:21	00:22:22	00:18:39	00:57:22
65	Eric	Chene	M30-39	00:11:27	00:23:50	00:22:33	00:57:50
25	Vince	Caleca	M30-39	00:11:29	00:22:31	00:24:09	00:58:09
69	Steve	Harding	M30-39	00:11:40	00:26:13	00:20:59	00:58:52
31	David	Landers	M30-39	00:09:32	00:26:55	00:23:00	00:59:27

60	Andrew	Greenlaw	M30-39	00:13:57	00:26:28	00:20:40	01:01:05
45	Brian	Henningson	M30-39	00:16:45	00:24:28	00:29:57	01:11:10
11	Darryl	Persello	M30-39	00:12:47	00:32:43	00:25:59	01:11:29
72	Joel	Lemaire	M40-49	00:07:41	00:17:41	00:18:47	00:44:09
6	Roger	Yorke	M40-49	00:08:54	00:19:37	00:17:54	00:46:25
56	David	Nelson	M40-49	00:08:57	00:21:48	00:17:25	00:48:10
55	Matt	Sessions	M40-49	00:13:02	00:21:39	00:16:33	00:51:14
63	Michael	Hoche	M40-49	00:07:10	00:24:11	00:22:10	00:53:31
66	Massimo	Lanaro	M40-49	00:11:55	00:22:56	00:20:05	00:54:56
34	Brett	Heilbron	M40-49	00:10:49	00:21:34	00:22:36	00:54:59
62	Trevor	Davis	M40-49	00:09:57	00:24:24	00:22:22	00:56:43
50	Charles	Friesen	M40-49	00:10:00	00:23:07	00:24:49	00:57:56
36	Stephan	Mehr	M40-49	00:11:20	00:25:45	00:23:43	01:00:48
77	Mikey	Ross	M50-59	00:08:18	00:18:32	00:15:43	00:42:33
84	Frederic	Pio	M50-59	00:08:48	00:19:47	00:20:18	00:48:53
27	Donald	Cooper	M50-59	00:08:04	00:23:36	00:21:46	00:53:26